

TO: Division II Region 7 The Plains/Athens Track and Field Coaches

FROM: Terry Young, Meet Manager

RE: Regional Meet Information

DATES/TIMES: Thursday, May 26, 2016 – Field Events begin at 4:00 p.m.; Running Events at 5:00 p.m.
Saturday, May 28, 2016 – Field Events begin at 11:30 a.m.; Running Events at 12:30 p.m.

LOCATION: **Athens High School, 1 High School Rd., The Plains, Ohio 45780**

ARRIVAL: Please use State Route 682 to enter and exit the facility. Upon arrival, athletes and equipment should be dropped off at pass gate area as designated on the attached map. Bus/van drivers will then need to proceed to park in the gravel lot on the north side of the school. Bus/van drivers will need to enter through the pass gate in order to gain access to the venue.

CHECK-IN: The facility will open at 2:30 p.m. on Thursday and at 10:00 a.m. on Saturday. **Immediately upon arrival**, coaches need to pick up their packets at the packet pick-up station which is located at the pass gate. Packets will include relay cards, copy of the heat/lane/flight assignments, pole vault verification card, uniform verification forms, appeal forms, etc. The uniform verification form should be completed and turned in to the check-in table before 3:45 p.m. on the first day of competition. Failure to turn in the completed form may result in disqualification from the tournament.

DEPARTURE: For safety reasons, please use State Route 682 to exit the facility. If you will be using US 33W to return home, be advised that no left turn is permitted from Johnson Road on to US 33W.

INFIELD ACCESS/EXIT: Athletes and coaches with field passes may only enter the infield through the gate located across from the clerk's tent near the 300m start line. Athletes and coaches will be required to exit the infield through the gate located near the start of the 200m dash. No exceptions will be made.

SHOT/DISCUS: Shot put and discus implements must be weighed in and inspected at least 30 minutes prior to the scheduled start of competition each day. The weigh-in and inspection area will be at the event site.

POLE VAULT: Athletes should report to the pole vault area with their poles and properly completed pole vault certification card for inspection. All poles must be presented at least 30 minutes prior to the start of competition and may not be used for warm-up until the pole has passed inspection. Single occupant umbrella tents will be permitted in a designated area in the competition area.

HIGH JUMP: Chalk will be the only material allowed to mark spots on the high jump area.

LONG JUMP: Chalk, cones or tennis balls will be the only materials allowed to mark spots on the competition area. Chalk must be placed on the runway itself and not on the turf. Cones and tennis balls may be placed on the turf.

COACHES PASSES: Coach passes will be issued based on the number of competitors according to the following schedules. There are no exceptions, so please don't ask.

1-4 competitors	One
5-8 competitors	Two
9 or more competitors	Three

*Alternate members of relay teams will not be admitted free of charge.

*League and school issued passes are not valid and will not be accepted for admission.

*Only passes issued by the district or state athletic boards will be honored.

ATHLETE PASSES: Passes for both days will be included in your packets on Thursday. No additional passes will be issued or replaced on Saturday, so please be sure you keep track of them.

LOCKER ROOM: No locker room facilities will be provided.

ADMISSION: \$7.00 per day per person. Ages 5 & under are free.

TRAINER: We will have two certified athletic trainers on site. The trainers' tent will be located in the grass area at the scoreboard end of the facility.

LANE/FLIGHT/HEAT ASSIGNMENTS/ RESULTS: Regional heat/flight assignments will be posted on baumspage.com on Saturday evening as soon as all district sites have transmitted their qualifiers and seeding has occurred. The last division II district that qualifies into this regional does not start until 4:00 PM Saturday, so the earliest the assignments could be posted is 9:00 PM Saturday. The games committee will review and determine the starting heights and increments for the vertical events on Sunday. That information will be posted on baumspage.com as soon as it has been finalized.

SCORING: 10-8-6-5-4-3-2-1 for all events

TEAM CAMPS: It is recommended that team camps be in the visitor's bleachers or in any area outside the fence as long as the camp does not impede the flow of traffic or obstruct anyone's view. If in doubt, please ask the meet manager.

AWARDS: Individual Awards for 1st through 8th places; Team Trophies for Champion and Runner-up. Upon completion of finals in each event, athletes will be escorted to the awards stand at center field. Individual awards will be presented to athletes at this time. The winning team/athlete's coach is requested to present awards. Team awards will be presented at the conclusion of the meet. In case of tie, the name and mailing address of the athlete(s) who do not receive an award will be collected and mailed within two weeks.

RESULTS: Results will be posted on display boards located under the home stands near the restrooms. Results will also be posted live on baumspage.com during each event.

STARTING BLOCKS: Teams may use their own starting blocks.

SPIKES: Spikes may not be more than ¼". Spikes will not be available for purchase at the meet. No Christmas Tree spikes will be permitted. Meet officials reserve the right to randomly inspect spike lengths.

TRACK: Eight lane all-weather track which was constructed in 2012.

BATONS: Batons will be provided.

RELAY RACES: No chalk is allowed on the track. Tennis balls will be provided for relay races at each exchange zone. If tennis balls are used, they should not be positioned on the lines. They should be placed in their respective lanes so as to not impede other athletes in adjacent lanes. When reporting to the clerk, all four members of the team must be present when they submit the relay card to the clerk.

RELAY CARDS: Coaches are NOT to fill in the prelims and/or finals section of the card with an X or other designations. Coaches do need to fill in athlete names and uniform numbers and sign the card before it is presented to the clerk at event check-in.

UNIFORM NUMBER CHANGES: Forms will be provided in the packet you pick up on the first day. Athletes competing in running events must submit completed forms to the clerk's tent before the athlete officially checks in. Athletes competing in field events should submit completed uniform number change forms to the field event official at their respective field event at the time of event check-in.

WARM-UP: The track will be open for warm-up until the first call for the girls 4x800 relay on day one and first call for the girls 100 hurdles on day two. After the first calls, all warm-ups must be done in the designated area which is located between the 40 yard line and end zone of the long jump and pole vault end of the field.

EVENT CALLS: Announcer will make event calls on Thursday. No calls will be made on Saturday as there is a set time schedule.

CLERK: The clerk's tent will be located on the inside of the fence near the 300m start line. Athletes will need to report to the clerk's tent immediately upon first call on Thursday and at least 15 minutes prior to scheduled race time on Saturday. Athletes will not be permitted to enter the clerk's tent on Thursday unless their event has been called, or prior to 15 minutes before the scheduled race time on Saturday.

WEATHER: In case of inclement weather, teams will be sent to their buses, or they may also report to the visitor's locker room located near the 200 start line or they may report to the high school cafeteria. Fans will be directed to their vehicles.

FIELD EVENTS: Coaches who have long jump, pole vault and high jump athletes competing will be issued one infield pass to access the coaching box of that respective event. Field event passes must be prominently displayed to gain access to the infield and to the coaches' box. Field event athletes who compete in another event must personally check-out. Athletes who check out of an event must personally check back in with the event judges (coach or teammate may not do this).

ELECTRONIC DEVICES: All videotaping should be done from the designated spectator and/or coaching areas and shall not impede the view of others. Coaches and athletes may watch play-back in between trials and races in designated areas of competition. If in doubt about this rule, please ask one of the officials working at the specific event.

UNIFORMS: Uniforms must be legal and may not be removed in any competition area.

INFIELD: The infield is off limits to all coaches, except for those coaches who have infield passes and need access to coaching boxes. **Field passes must be prominently displayed and visible at all times while on the infield areas.** Passes are only valid during the time the event is being contested. As soon as the event concludes, coaches must exit the field. Coaches may not wander around the infield or hang out. If coaches who have infield passes are caught standing in the infield and not in the designated field event coach box, they will be asked to leave immediately. If they are caught a second time, the infield pass will be confiscated.

PRESS BOX: The press box is off limits to all coaches, athletes, fans, etc. Please direct all questions to officials or meet manager.

FINISH LINE: The finish line is off limits to all coaches, athletes, fans, etc. Please direct all questions to officials or meet manager.

TEE SHIRTS: Regional Track and Field tee shirts will be available and on sale both days of the competition in the concession stand. Athletes are encouraged to purchase shirts upon arrival to ensure they get the correct size.

MEDIA: Refer inquiries to the meet manager.

CONTACT: Meet Manager Terry Young Cell: 740-517-0195, terry@baumspage.com